

THE CHALLENGE OF A LIFETIME,
FOR THE CHARITY OF YOUR CHOICE...

HADRIAN'S WALL TREK

STEP BACK IN TIME AND HIKE
25 MILES IN ONE WEEKEND!

 **GLOBAL
ADVENTURE
CHALLENGES®**

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KEY INFO

Duration:	3 days
Distance:	Approx. 25 miles
Challenge Grade:	Tough 2
Location:	Northumberland, UK

CHALLENGE HIGHLIGHTS

- Explore a UNESCO World Heritage Site
- Discover fascinating ruins of ancient Roman forts and settlements built over 2000 years ago
- Experience history every step of the way as you trek
- Follow the line of Hadrian's Wall from Lanercost Priory to Brocolitia

THE CHALLENGE

Follow in the footsteps of the Roman legions on this fantastic weekend trekking challenge as we trek from Lanercost Priory to Brocolitia. Trekking 25 miles along the most remarkable Roman monument in the country, Hadrian's Wall, our route encompasses breathtaking views and fascinating ruins with the picturesque Northumberland countryside providing stunning backdrops from start to finish. Join us and conquer the wall on this classic trekking challenge!

What's included

- Tented accommodation on day 1 and day 2
- Meals starting from dinner day 1 through to lunch on day 3
- Transfers as stated in itinerary
- Tents and camping fees (participants must bring their own sleeping bag and mattress)
- Qualified Global Adventure Challenges Event Crew and Mountain Leaders
- Vehicle/s for backup and support

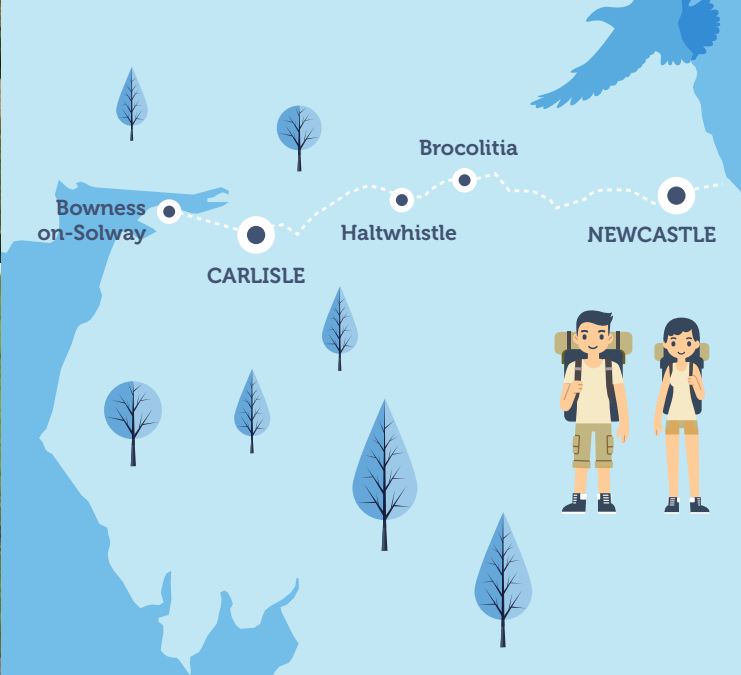


GET SIGNED UP!

The sooner you register, the sooner you can start training and fundraising. Just head over to our website www.globaladventurechallenges.com to get signed up, and follow in the footsteps of the Roman Legions.



Hadrian's Wall



PLAN YOUR INVASION AND CONQUER HADRIAN'S WALL ON THIS WEEKEND TREKKING CHALLENGE!

Day 1

We meet at our campsite near Haltwhistle early evening for a group meal and event briefing. Pick ups from Haltwhistle Train Station can also be provided. After getting acquainted over a few drinks, we get our heads down for the night and prepare for our challenge tomorrow!

Day 2

Lanercost Priory to Camp

After breakfast we take the short transfer to Lanercost Priory where our trek begins! Walking eastwards, we follow a minor road passing through various villages. We then encounter our first large ruin – Birdoswald Roman Fort, situated above the charming town of Gilsland. Following our lunch our trek today is quite demanding as we are gradually ascending as the day progresses. The breathtaking views across Northumberland National Park are well worth putting in the effort though.

We continue striding along some of the most beautiful and visible sections of the wall and finally trek straight into our campsite for a well deserved dinner and overnight.

Trekking distance – approx. 13 miles

Day 3

Camp to Brocolitia

Following our breakfast we walk straight from our tents back to the Wall where we continue trekking eastwards. It's not long before we're trekking on the Northumberland highlands, which overlook spectacular cliff tops and stunning countryside. We pass several lakes and crags, which add some adventure to our challenge! Following our lunch near Housestead Roman Fort, we push on. The trail today, just like yesterday, doesn't get any easier, undulating all the way until we reach Brocolitia – a 3rd century mithraeum outside the Carrowburgh fort, which was the largest of such buildings to occupy the site. The Finish banners will be held high to celebrate our accomplishment and there will be time for celebratory photos, before transferring

back to our campsite for farewells and goodbyes following a very rewarding weekend challenge!

Trekking distance – approx. 12 miles

(Itinerary correct at time of printing, and strictly subject to change)

YOUR QUESTIONS ANSWERED....

Is this trip for me?

Absolutely! This trek is suitable for all ages with the correct training. The minimum age for this trek is 18 years old (14-17 years must be accompanied by a parent or legal guardian). The one thing everyone will have in common is a great sense of adventure and the desire to help a charity. Whether you are taking part as an individual or as a team with friends, team spirit will be flying high on the challenge.

How fit do I need to be?

This challenge has been graded as Tough (2) on our challenge grading scheme, meaning the trek has been designed to be challenging but achievable as long as you train beforehand. You will be trekking for 2 consecutive days covering 25 miles. A good cardiovascular fitness is required – the fitter you are the more you will enjoy the challenge! We will provide you with a full training guide once you register, this is also available to download via our website. Why not join one of our challenge training weekends – it's a great opportunity for you to meet our team and other challengers, and train together prior to the event.

What is the challenge grading scheme?

All of our challenges are graded on a scale from 1 to 3 to indicate the level of difficulty, 1 being the lowest challenge grade and 3 being the most challenging. (1 = Challenging, 2 = Tough and 3 = Extreme)

Where will we stay?

We will stay in a local campsite on the challenge under canvas – remember this is a challenge! There will be washing facilities available at the campsite. It will be 2 people per tent with all tents being provided, but participants are expected to bring their own sleeping bag and sleeping mattress. Please do let us know if you would require a tent to yourself at an extra cost.

Do I need specialist kit?

We will supply you with a kit list of what to take once you register to take part. Apart from broken in trekking boots, some trekking poles and a good quality sleeping bag and mattress you do not need any specialist kit.

Do I have to carry my own luggage?

No. Your main luggage will be left in the campsite. You will be required to carry a day pack on each trekking day to carry items such as water, sunscreen, sun hat, snacks etc.

Food matters...

All meals will be provided from dinner on day 1 through to lunch on day 3. We can cater for all dietary requirements as long as we know in advance – just fill in the appropriate section on your registration form enclosed.

What's not included?

- Personal Travel Insurance – this can be obtained through Global Adventure Challenges
- Sleeping bag and mattress
- Tips and gratuities
- Alcoholic drinks

What support is there on the trek?

There will be a strong support team with professional Global Adventure Challenges Event Crew and Mountain Leader/s. Full, comprehensive first aid kits will be taken and mobile telephones will be used to ensure your safety and security at all times.

What happens if I get tired?

There will be regular rest stops for drinks and snacks – there is no problem with you taking more rest stops should you need them. A guide will be bringing up the rear of the group ensuring no one is left alone. Remember this is not a race!

How do I go about raising the sponsorship?

Once you have signed up you will receive a fundraising pack from your charity in order to make your fundraising as easy as possible. You will also receive a few tips and ideas from Global Adventure Challenges to help you on your way.

I'm interested, how do I sign up?

You can register online at www.globaladventurechallenges.com, payment of the registration fee is due at time of booking – all payment options and costs are explained on the dates and costs information sheet. Once your registration is received Global Adventure Challenges will write to you, sending you further information on what to expect from this awesome adventure! Your charity will also be in contact to discuss your fundraising.

REGISTER ONLINE TODAY!

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